

BE SMART CHOOSE TAP

A BOOK OF
FACTS AND
PUZZLES
ABOUT
WATER



BROUGHT TO YOU BY:



Hi there, I'm Tap Man!
I hope you enjoy this
activity book .

Inside you'll find
fun puzzles and cool
facts about water.
You'll also get to meet
the Choose Tap gang
and their friends. I'll be
introducing each one of
them along the way.
See you at the park!



COLOUR ME!



QUIZ PUZZLE!

- 1 What percentage of our bodies is made up of water?

- 2 To help keep our bodies hydrated we should try to drink how much per day?

- 3 What natural chemical is added to drinking water to help keep our teeth from decaying?

- 4 Does dehydration make your wee lighter or darker?

- 5 What percentage of our brains is made up of water?

COOL WATER FACT!

The girl in red is Cassie! She loves rain and is always wearing her gumboots and carrying an umbrella. She loves to talk about the natural water cycle, the benefits of rain and the protected water catchments.

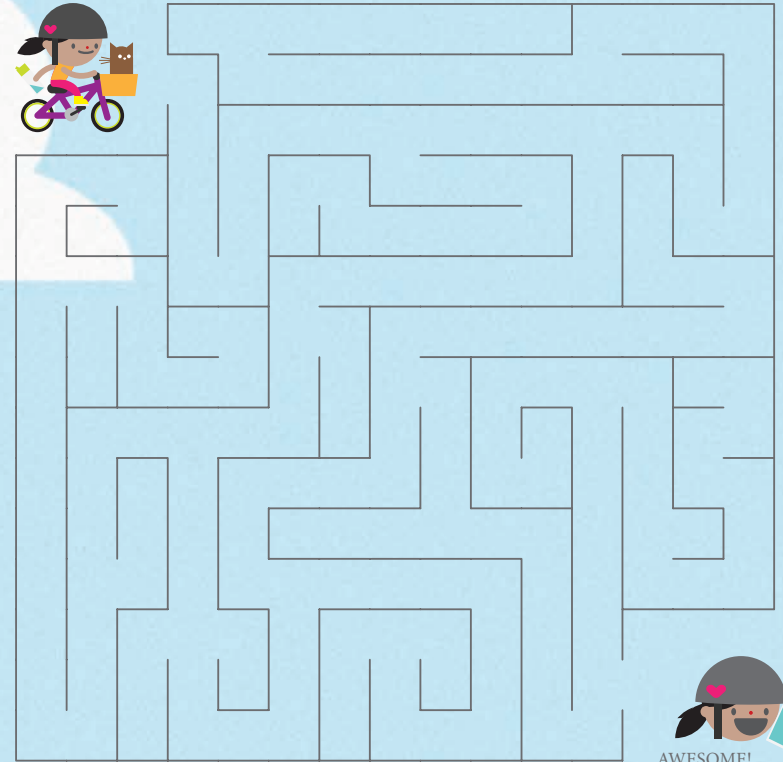


Tap Man is getting wet. He doesn't mind though.

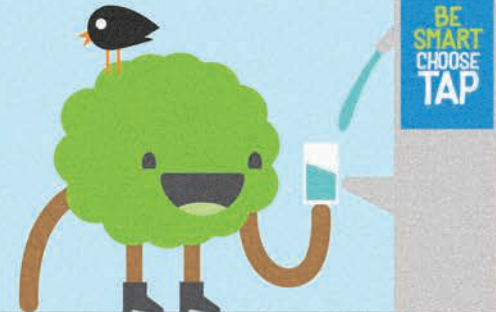


A healthy person will generally lose about a litre of water through sweat during an hour of moderate to vigorous exercise, so it's especially important to stay hydrated during exercise.
Help Ebbie get to the drink bottle tap to rehydrate!

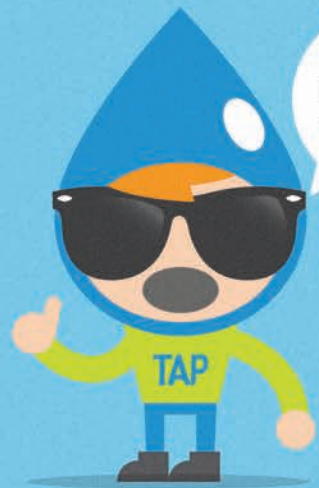
MAZE PUZZLE!



Help Ebbie get to the drink bottle tap to refill her bottle by solving the Maze!



Ti-Tree loves water. We'll talk about him later. Nice boots, Ti-Tree...



Stay
hydrated,
stay cool!

THE CHOOSE TAP GANG!

BE
SMART
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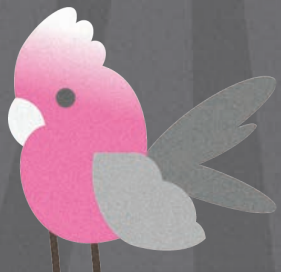




CLUE LESS CROSS WORD

This is Oswald!

Our king of the half-pipe is also fascinated by pipes everywhere. He loves to talk about the infrastructure hidden underground and how it works.



4 LETTERS

Skin

5 LETTERS

Tears
Lungs
Sweat
Water
Brain
Blood

6 LETTERS

Darker
Kidney
Saliva

7 LETTERS

Bladder

8 LETTERS

Fluoride

9 LETTERS

Choosetap

10 LETTERS

Catchments
Dehydrated

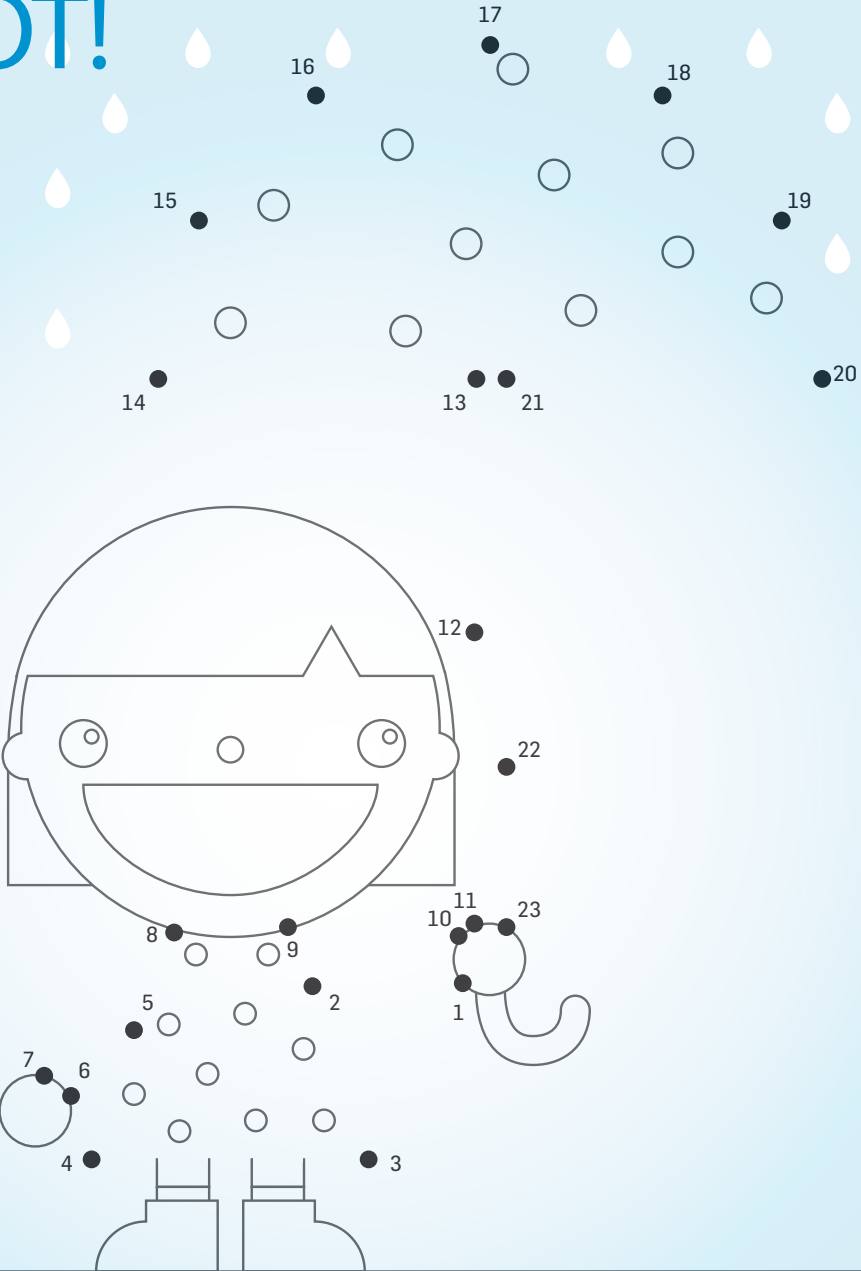
11 LETTERS

Drinkbottle

Help
Oswald solve
the puzzle by
putting each
word in a
pipe!



DOT TO DOT!



WORD SEARCH

X	S	M	B	M	R	H	U	H	T	J	Y	L	K	S
O	R	A	M	Q	T	E	Y	C	S	R	R	J	B	G
I	M	J	L	L	D	D	D	D	I	G	A	G	S	N
S	V	U	A	I	R	T	B	D	S	Q	A	E	H	U
E	U	E	X	A	V	M	E	H	A	Q	S	S	H	L
W	H	Z	T	X	K	A	P	U	Z	L	R	G	D	B
R	W	I	Q	Z	W	P	S	H	R	A	B	H	R	N
J	O	I	N	T	S	S	Z	D	E	N	X	E	R	B
N	G	V	X	T	Z	I	U	T	H	M	Z	Y	A	P
M	G	Y	S	K	I	N	S	V	C	B	E	W	J	T
S	U	D	A	N	Y	J	R	Y	A	L	N	G	E	B
S	T	N	E	I	R	T	U	N	M	O	O	A	R	E
P	G	X	C	F	E	V	G	B	O	O	V	A	P	C
O	R	I	K	H	W	B	M	K	T	D	I	P	W	L
D	I	U	L	F	R	N	H	X	S	N	J	O	D	U

- | | | | | |
|---------|--------|-----------|-----------|---------|
| BLADDER | FLUID | HYDRATION | NUTRIENTS | STOMACH |
| BLOOD | HEALTH | JOINTS | SALIVA | TEARS |
| BRAIN | HEART | LUNGS | SKIN | WEE |



Cut along the dotted line for your
very own Choose Tap bookmark!



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